



Nicaragua



MANDATE

Since 1997, HI has developed and strengthened the technical skills of partner organisations working in the field of disability in Nicaragua. After working in the country for 15 years, HI decided that the conditions were right to transfer the overall management of the project to its local NGO partner, *Visión Inclusiva*, and to phase out its actions in Nicaragua. *Visión Inclusiva* has been working in the field of disability since 2011. HI continues to support the organisation’s projects and to strengthen its autonomy.

SITUATION

Nicaragua is one of the poorest countries in Latin America and the Caribbean (125/188_HDI¹). This poverty has caused serious health problems - cancer, cardiovascular problems, diabetes and high blood pressure - which are the leading causes of morbidity² and mortality³ among adults in the country. An estimated 9% of people have diabetes and 25% have high blood pressure. Approximately 52% of people with diabetes also have high blood pressure⁴. For 2017 the ninth / fourteenth line of action of the Ministry of Health are chronic diseases.

INITIAL ACTIONS

Since 2004, HI and NGO *Visión Inclusiva* (VI) have worked together, in partnership with decentralized structures of the Ministry of Health, clubs for people with diabetes and hypertension, and the “Fe y Esperanza” association of diabetics and hypertensive people (ADHFE)⁵ in the departments of Estelí and Masaya, where the incidence of disability is particularly high, and where chronic diseases such as diabetes, cardiovascular disease, high blood pressure and arthritis are extremely high. In 2016 VI has started a new project to prevent diabetes in partnership with two universities in the department of León.

KEY DATA

| | |
|---|------------------------------|
| Human development index (HDI) * | 125/188 classified countries |
| Gross National Income per capita (\$PPA)* | 4,457 \$ per annum |
| Surface area** | 130,373 sq.km. |
| Population** | 6.17 million inhabitants |
| Life expectancy* | 74.9 |

** UNSD 2015

| | |
|--|----------------------------|
| Convention on the rights of people with disabilities (DRPD) | Ratified 7 December 2017 |
| Oslo Convention on Cluster Munitions | Signed: 2 November 2009 |
| Ottawa Mine Ban Convention | Ratified: 30 November 1998 |

*UNDP: 2015 human development report

HI TEAM

Projects are implemented by a team of four people from *Visión Inclusiva*, with support from HI.

¹ UNDP 2015

² Morbidity is the ratio of the number of people who contract a disease to the state of health of a given population. It combines the incidence and prevalence of a disease.

³ Diabetes is the third leading cause of death in Nicaragua.

⁴ Study performed in Estelí with funding from Sanofi, dating from 2007.

⁵ HI implements these actions in two departments composed of 15 cantons in total: the Department of Estelí since 2004 (Estelí, La Trinidad, San Nicolás, Condega, Pueblo Nuevo and San Juan de Limay) and the department of Masaya (Masaya, Catarina, San Juan de Oriente, La Concepción, Masatepe, Nandasmo, Nindirí, Niquinohomo and Tisma).



Control of diabetes: Spreading Hope through Strengthened Relations

GOAL

Contribute to the reduction of the impact of Diabetes Mellitus type 2 in the population of the municipality of León.

METHOD

Visión Inclusiva implements the project with technical support from HI and the funding of the Word Diabetes Foundation:

- Support and training of organizations of with diabetes Mellitus (peer-to-peer)
- Awareness raising
- Trainings of healthcare professionals

INTERVENTION TYPE

| Direct aid to populations | |
|----------------------------------|------------------|
| Service or care: no | Distribution: no |

| Through partnerships | | |
|-----------------------------|---------------------------|-----------------------|
| Technical support: yes | Donation of equipment: no | Financial support: no |

BENEFICIARIES

Direct:

- 37,600 inhabitants of the city of León
- 2,400 people with diabetes
- 4 organizations of people with diabetes (estimated 50 people each)
- 300 students of 4th and 5th course of medicine.
- 80 healthcare professionals

Indirect:

- Families of direct beneficiaries
- The general public in the department of León

PARTNERS

- School of medicine, Universidad Nacional Autónoma de Nicaragua – UNAN León.
- School of medicine, Universidad Cristiana de Nicaragua, UCAN León
- Nicaragua Association of diabetology, ANIDIAB, León.
- Nicaraguan Association of public health - ANSAP
- Nicaraguan Association of diabetic child and young parents - ANDNJD León.
- 4 organizations of people with diabetes

LOCATION

- Urban area of the city of León, municipality of León, department of León, Nicaragua.

FINANCING

| | |
|--|-------------------|
| Funding secured until: | 30/03/2018 |
| Extension for at least one additional year (subject to funding): | No |



Inclusive education: education for all

GOAL

Improve the educational environment in the municipality of Masatepe to encourage children with disabilities to enroll in nursery and primary school.

METHOD

- Awareness-raising for local actors on the importance and feasibility of enrolling children with disabilities in school.
- Supporting families with children with disabilities so that more families play an active role in the education of their children.
- Providing teachers in schools included in the project with training on inclusive education.

INTERVENTION TYPE

| | |
|----------------------------------|------------------|
| Direct aid to populations | |
| Service or care: no | Distribution: no |

| | | |
|-----------------------------|---------------------------|------------------------|
| Through partnerships | | |
| Technical support: yes | Donation of equipment: no | Financial support: yes |

BENEFICIARIES

- 120 children with disabilities more closely included in their communities (schools, families, etc.)
- 40 teachers (4 nursery and primary schools) trained in inclusive education issues
- 223 primary school teachers benefiting from awareness-raising sessions on inclusive education.
- 3,555 primary school pupils benefiting from awareness-raising sessions on inclusive education.
- 80 municipal workers benefiting from awareness-raising sessions on inclusion.

PARTNERS LOCAL

- Organization of parents of children with disabilities in Masatepe: *Los angelitos por Siempre*.

LOCATION

- Municipality of Masatepe in the department of Masaya

FINANCING

| | |
|--|-------------------|
| Funding secured until: | 31/12/2017 |
| Extension for at least one additional year (subject to funding): | No |

MAIN FUNDING BODIES

